RECIPE

Butterhorns



Glaze for Butterhorn

- 1 cup icing sugar (250 ml)
- 1 tsp milk (5 ml)
- 1. Mix ingredients together. Pour over baked butterhorns.

Ingredients

- 1 Tbsp yeast (15 ml)
- ½ cup warm water (125 ml)
- % cup milk (150 ml) with ½ tsp vinegar (2 ml)
- 1 egg at room temperature (let sit in shell in warm water for 5 minutes)
- 2 ½ -3 cups flour (625 750 ml)
- ¼ cup margarine (60 ml), softened
- ¼ cup sugar (60 ml)
- 1 tsp baking powder (5 ml)
- ½ tsp salt 2 ml)

Preparation

- 1. In a large mixing bowl dissolve yeast in warm water.
- Add milk, eggs and 1 cup (250 ml) flour, margarine, sugar, baking powder and salt. Mix for half minute, on low speed, scraping bowl constantly.
- 3. Beat 2 minutes on medium speed. Using a wooden spoon stir in remaining flour. Put dough on lightly floured counter.
- 4. Knead for 5 minutes. Put dough in greased bowl, grease top of dough. Cover with plastic wrap. Let dough rise over warm water (same method for bread & cinnamon buns earlier this week) Let rise for 45 -60 minutes.

5. Punch dough and roll out into rectangle, no thinner than ½ inch. But into long strips.





- 6. Twist dough and roll to make a round bun.
- 7. Bake 10-15 minutes at 375°F.
- 8. Pour glaze over top of butterhorns while they are still hot.



